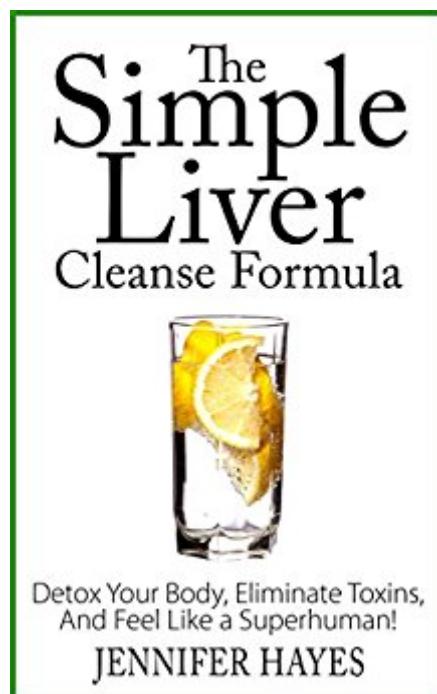


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# The Simple Liver Cleanse Formula: Detox Your Body, Eliminate Toxins, And Feel Like A Superhuman!



## Synopsis

Get The Kindle Edition FREE When You Purchase The Paperback Edition TODAY For Only \$8.99! Hurry Limited Time Offer.Cleanse Your Body, Eliminate Toxins, And Feel Like a Superman!Here are what some people have to sayÃ¢ Ã¢ “Yes! It works!!! I never believed in this whole liver cleanse thing. I even did a cleanse a couple months ago which did almost nothing for me. The pressure in my gallbladder built up so much that I had already started to look into surgery. I decided to try one more cleanse. Best decision I ever made. I passed close to a 100 stones. Thanks Jennifer!Ã¢ Ã¢ “This is actually one of the most eye-opening books I have ever read. The flush passed at least 200 stones. The next day I literally 5 years younger. If youÃ¢ â„¢ve had your gallbladder removed itÃ¢ â„¢s definitely a must!Ã¢ Ã¢ “I didnÃ¢ â„¢t know that Liver Cleanse, detoxification, and liver maintenance is one of the fastest ways to lose excess weight and keep it off. Talk about 2 birds with 1 stone.Ã¢ Ã¢ “You might already know this...but the main functions of the liver is to separate nutrients from food, make bile, remove toxins from the body, and build proteins. ItÃ¢ â„¢s one of our most important organs and has a massive effect on our bodies.So we probably want to take good care of it right? And, I'm sure you don't want to experience those extremely Painful gallstonesIf youÃ¢ â„¢re like me and feel overwhelmed with the amount of cleanse/diet plans out there, and having to choose which one is best for you, look no further. It took me ages to sift through the mass amounts of content out there to finally find something that works.I spent several months boiling all my research and knowledge down to itÃ¢ â„¢s simplest juicy form...My book takes out all the nitty-gritty page filling non-sense that most authors are forced into putting in their books by their publishers to fill up the book. I give you only the information you NEED to know and can actually USE.ItÃ¢ â„¢s just how you like itÃ¢  short,sweet, and straight to the point.In This Book You Will Learn:- What Are the Signs and Symptoms of Gallstones In the Liver?- What Causes Gallstones- How to Easily and Painlessly Remove Gallstone In the Comfort of Your Own Home- A Full Complete 7-Day Liver/Gallbladder AND Diet Program- Epsom Salts For Liver Cleanse? Are They Good or Bad?- Liver Friendly Recipes For Breakfast, Lunch, and Dinner- What to Expect After The Cleanse- How to Avoid Gallstones In The FutureWhy Should You Get MY Liver Cleanse Book?- What a lot of books donÃ¢ â„¢t tell you is what to do BEFORE actually doing the liver cleanse to make the whole process a lot easier on your body. I tell you all about this in Chapter 2.- Should you use Epsom Salts? Do they actually pull toxins out of your body or is it a pile of crap? I interviewed several practicing doctors to see what they had to say.- I have designed a complete 7-Day Cleanse AND Diet Program.- I have also included a whole section on Liver Friendly Recipes to help you maintain

that amazing post-cleanse body you worked hard for. I even threw in some soups, salads, and my favorite... Kidney Tea! If you've ever tried to do a cleanse before and failed - don't worry! It wasn't your fault. You just haven't been guided by the right person yet. So what are you waiting for? Dive into the book now and learn everything you need to know about The Liver Cleanse and how to avoid those painful! gallstones. Click the Orange "Buy Now" Button and Say Hello To A Healthier Cleaner Liver! FREE GIFT!: Don't forget to download your Free Gift, just my way of saying "thank you." Scroll Up And Start Reading Instantly For Only \$2.99. Holiday Special Only..

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## **Customer Reviews**

This book does a fantastic job of covering everything relevant to regaining a healthy, functional liver in a simple way, making things easy to understand and take action on. It gives a great explanation of what gallstones in the liver are and what exactly causes them. Perhaps most importantly, it explains

how to identify whether or not you may be suffering from gallstones via several visual cues - some of which may surprise you! The process of cleansing your liver and removing the gallstones is broken down nicely into a step-by-step process, and the book does well to explain the "why" behind every step and action you will be asked to take. It's also great that the book teaches how to avoid having liver issues again in the future - very important, since you wouldn't want to go through the whole cleansing process only to bring the same problems back upon yourself. 5 Stars - well deserved!

This book is good because it not only tells you how to organize but also shows you how. It was tells you how to get rid of things. Also it suggests things you ready need to get rid of and things to keep. Its a good book to read and reread. I've been wanting to read this book for awhile and finally got time when I couldn't sleep last night. It is a great compilation of many tips that I've read in different places. Since I'm and organizer I read a lot of books that come on the market about this subject. This one has the advantage of gathering many great ideas into one easy to read/apply volume.

Highly recommended for anyone with gallstone troubles. I loved the step-by-step schedule on exactly how to implement the liver cleanse into your daily life. The recipes she recommends are not only healthy, but taste great too

This is a very detailed, step by step set of instruction s for cleansing your liver. The book first explains the symptoms and then the cure. I'm no doctor but I was fascinated. A good buy for those that need it.

This book and diet was great. It made us realize how much processed foods we eat that are loaded with preservatives, additives and injected with hormones (meats and eggs). This book has given us healthy way of eating and most likely increasing years to our lives. Anyone can benefit from this book. This is a great help. By understanding the functions of the liver and how this relate to general health is really important.

Detoxifying and cleansing parts of the body can be very challenging for most people. I have been researching about cleansing and trying to understand more about how to detox my liver in a natural and safe way. After my first cleanse (not specifically a liver detox) I had much better results in digesting food. I just felt that I needed more information on the optimal functioning

of this organ. I further expanded my knowledge about the uses of the liver and how important it is to keep it healthy and cleansed. This book provides some great information about it and I am going to try this liver detox in the near future.

This book shows a lot we are unaware of and the importance of cleansing your liver so it can do its job! Very useful guide in learning the benefits along with the perfect steps on getting and keeping a clean liver! I found it very informative and it has everything you need to know! I would recommend this book to everyone.

You can find everything in this book on Google.

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